

SEPTEMBER, 2017
MT. CARMEL ELEMENTARY SCHOOL
LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Biscuits & Gravy Hash Browns Celery Apples
4 NO SCHOOL Labor Day	5 Hot Dog/Bun French Fries Broccoli Apple	6 Spaghetti Texas Toast Green Beans Fruit Cocktail	7 Taco Salad Chips/Salsa Refried Beans Apple	8 Chicken & Noodles Mashed Potatoes Peas Pears
11 Rib-B-Q on Bun Lettuce/Tomato Sweet Potato Tots Applesauce	12 Taco Soup Chips Salsa Broccoli Peaches	13 Chicken Quesadilla Carrot Sticks Refried Beans Orange	14 Corn Dog Green Beans Cookie Banana	15 Cowboy Cavatini Wheat Roll Corn Pears
18 BBQ on Bun Lettuce Tomato Baked Beans Peaches	19 Meatball Sub Potato Wedges Carrot Sticks Pears	20 Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit	21 Cheese Pizza Broccoli Cucumbers Banana	22 Biscuits & Gravy Hash Browns Celery Apples
25 Hamburger/Bun Lettuce/Tomato Oven Fries Peaches	26 Chicken Nuggets Mashed Potatoes Salad Pears	27 Baked Ham Biscuit/Jelly Sweet Potato Tots Mandarin Oranges	28 Chili/Crackers Red Pepper Strips Peaches Cookie	29 Mac & Cheese w/Meatballs Seasoned Peas Baby Carrots Apple

Choice of No-Fat or Low-Fat milk served daily.
All bread products are whole grain.

ALL PUBLISHED MENUS ARE SUBJECT TO CHANGE

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