

SEPTEMBER, 2017
MT. CARMEL GRADE SCHOOL
BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cereal or Oatmeal Toast Juice Orange Half
4 NO SCHOOL LABOR DAY	5 Pancakes w/Syrup Sausage Links Juice Mandarin Oranges	6 Cereal Toast Juice Cinnamon Apples	7 Biscuit w/Gravy Sausage Juice Banana	8 Cereal Toast Juice Grapes
11 Cereal Toast Juice Applesauce`	12 French Toast Stix w/Syrup Sausage Links Juice Mixed Fruit	13 Cereal Toast Juice Diced Pears	14 Bacon Egg Pizza Juice Apple Half	15 Cereal or Oatmeal Toast Juice Banana
18 Cereal Toast Juice Pineapple	19 Scrambled Eggs Sausage Link Toast Juice Grapes	20 Cereal Toast Juice Orange Half	21 Pigglestix w/Syrup Syrup Juice Mixed Fruit	22 Cereal Toast Juice Apple Half
25 Cereal Toast Juice Diced Peaches	26 Pancake w/Syrup Sausage Links Juice	27 Cereal Toast Juice Mandarin Oranges	28 Scrambled Eggs Sausage Links Toast Juice Diced Pears	29 Cereal Toast Juice Cinnamon Apples

Choice of No-Fat or Low-Fat milk served daily.
All bread products are whole grain.

ALL PUBLISHED MENUS ARE SUBJECT TO CHANGE

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