

**SEPTEMBER, 2017**  
**MCJHS AND MCHS**  
**BREAKFAST MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Cereal Toast Fruit Juice
<b>4</b> NO SCHOOL Labor Day	<b>5</b> Cereal Bar Fruit Juice	<b>6</b> Cereal Toast Fruit Juice	<b>7</b> Piggleticks/Syrup Fruit Juice	<b>8</b> Cereal Toast Fruit Juice
<b>11</b> Cereal Toast Fruit Juice	<b>12</b> Cereal Bar Fruit Juice	<b>13</b> Cereal Toast Fruit Juice	<b>14</b> Piggleticks/Syrup Fruit Juice	<b>15</b> Cereal Toast Fruit Juice
<b>18</b> Cereal Toast Fruit Juice	<b>19</b> Cereal Bar Fruit Juice	<b>20</b> Cereal Toast Fruit Juice	<b>21</b> Piggleticks/Syrup Fruit Juice	<b>22</b> Cereal Toast Fruit Juice
<b>25</b> Cereal Toast Fruit Juice	<b>26</b> Cereal Bar Fruit Juice	<b>27</b> Cereal Toast Fruit Juice	<b>28</b> Piggleticks/Syrup Fruit Juice	<b>29</b> Cereal Toast Fruit Juice

Choice of No-Fat or Low-Fat milk served daily.  
All bread products are whole grain.

ALL PUBLISHED MENUS ARE SUBJECT TO CHANGE

In compliance with federal law and the US Dept. of Agriculture (USDA) policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.